

## Mount Foster Ecological Gift COMES FULL CIRCLE!



An ecological gift will protect nearly 6 hectares (14.8 acres), adding to the area already protected in perpetuity in the area of Mount Foster, and completes a major project initiated in 2017.

A total of 221 hectares (546 acres) are now protected in perpetuity on Mount Foster, representing three quarters of the area targeted by the initial real estate project. Appalachian Corridor is proud to welcome thousands of visitors who come to enjoy this magnificent site thanks to a network of hiking trails.

The 4.5 km network of trails at Mount Foster has been developed with the utmost respect for the natural environment, offering to surrounding communities a free, and privileged access to a protected site of high ecological value.

Many thanks to Pierre Burel and Guy Lussier for their ecological gift!

## A NEW CONSERVATION EASEMENT IN THE MOUNT PINNACLE AREA | Frelighsburg

Thanks to Lise Gagné and Renaud Coulombe, who donated a conservation easement in perpetuity on 2.42 hectares (6 acres) of their Frelighsburg property to the Mount Pinnacle Land Trust (MPLT). The ecosystems found there are home to several species of flora and fauna likely to be designated threatened or vulnerable in Quebec, as well as 21 species of birds, two of which are of special concern in Canada.

For the donors, this is the fulfillment of a wish that has been close to their hearts for years. **"It was imperative that we make a significant gesture to preserve this environment and the ecosystems associated with it (...). It is important that property owners concerned about conserving their natural environment know that a conservation servitude can very well be exercised over a small area of land."**



## Millington Bog : 60% OF ITS AREA NOW PROTECTED | Austin



Appalachian Corridor, Conservation des vallons de la Serpentine (CVS) and the municipality of Austin have been actively involved in protecting this exceptional site for almost 15 years now.

**We are proud to announce that an additional 28 hectares (69 acres) have been protected in perpetuity, and what's more, through a major donation.**

**Thanks to the combined efforts of the two organizations as well as the municipality, and to Mr. Jean-Baptiste's donation, nearly 60% of the bog, or 155 hectares (383 acres), is now protected forever. Thank you!**

The ecological importance of Millington Bog is well established. In addition to containing a rich biodiversity, including rare plants and numerous birds, this large wetland complex covering more than 260 hectares (642 acres) is unrivalled when it comes to water management! It captures sediments, filters pollutants, reduces the flow of water during floods and contributes to groundwater recharge. These are just some of the many ecological services provided by peatlands, all of which enhance their ecological value.

**To all these landowners, municipalities, volunteers and conservation supporters, a big thank you!**



## Large-scale Citizen Mobilization IN THE STUKELY LAKE SECTOR | Eastman

In 2021, Appalachian Corridor received a call from members of the Association des propriétaires du Domaine Monbel in Eastman regarding the sale of a vacant lot located on this estate. Shortly afterwards, the landowner contacted us to see if the 22 hectares (54 acres) of natural habitat could be protected.

Nearly two years later, following a donation from the owner, a major mobilization of Domaine Monbel owners and the contribution of several Domaine des Étoiles owners (a neighbouring estate), the funds needed to protect this parcel of land bordering Lake Stukely were raised. **In total, more than 40 people rallied to protect this ecologically valuable site in perpetuity. Thank you!**

In addition to the support of landowners, donors, and Appalachian Corridor, the project would not have been possible without the contribution of Environment and Climate Change Canada to Nature-Action Québec as part of the DEFI program, the contribution of the Government of Québec through the *Projet de partenariat pour les milieux naturels*, in which the Nature Conservancy of Canada (NCC) received financial assistance for more than \$53 million over four years, the contribution of U.S. Fish & Wildlife Service through the Neotropical Bird Conservation Act (NMBCA) program and the support of the Municipality of Eastman.



(Left to right) Mélanie Lelièvre, general manager, François Vézina, representative of the donor family, Marc Leloup, land protection coordinator and project manager, and Luc Dumouchel, Appalachian Corridor board member. François holds a photo of his father, Maurice Vézina, creator of Domaine Monbel.

This project was undertaken with the financial support of:  
Ce projet a été réalisé avec l'appui financier de :

## A LOOK BACK AT APPALACHIAN CORRIDOR'S OPEN HOUSE: A CELEBRATION OF NATURE AND CONSERVATION



The lectures proved to be highlights, with Dr. Caroline Laberge sharing some very interesting perspectives on nature and health. We were also privileged to attend the retrospective of 35 years of conservation in the Green Mountains, followed by a literary encounter with Anaïs Barbeau-Lavalette and Catherine De Léan!

Thanks to our partners, without whom this event would not have been possible, and to the community which made its way to come and meet us. See you soon for another edition!

On July 7th and 8th, the Appalachian Corridor Open House was held at our Eastman offices. It was a festive and unifying event highlighting the importance of nature through a host of activities.

The event began with an ornithological outing to a protected area in Eastman, and continued with a visit to our information booths presenting our various actions, as well as those of our valued affiliates members.

Families were delighted by the *Nature Nerdin* nature discovery activity, where people of any age group were able to immerse themselves in nature. The *Union québécoise de réhabilitation des oiseaux de proie (UQROP)* introduced us to predatory birds and presented two live species, a Broad-winged Hawk and an Eastern Screech-Owl.





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## Prescri-Nature: WHEN YOUR DOCTOR PRESCRIBES OUTDOOR PLAYTIME!

What if you could leave your healthcare professional's office with an official prescription for time in nature?

Did you know that spending time outdoors can help improve our overall well-being?

Studies have shown that connecting with nature can reduce stress, anxiety and depression, as well as lowering blood pressure, improving blood sugar control in diabetic patients and boosting the immune system. Why does spending time outdoors appears to be such a good treatment?

Prescri-Nature encourages healthcare professionals to prescribe their patients time in nature as a genuine complementary therapy. Whether it's taking a walk in the woods, relaxing in a park or rejuvenating by a stream, every moment spent outdoors can make a positive difference to our mental and physical health. Yes, nature and health go hand in hand!

Appalachian Corridor is proud to offer access to Mont Singer and Mont Foster, two nature paradises. From beginners to experts, these trails offer a real connection to nature.

Mount Singer : [corridorappalachien.ca/en/singer](http://corridorappalachien.ca/en/singer)  
Mount Foster : [corridorappalachien.ca/en/foster](http://corridorappalachien.ca/en/foster)

To find out more about the initiative:  
[PRESCRI-NATURE.CA](http://PRESCRI-NATURE.CA)



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## The Eastern Milksnake: A DISCREET PRESENCE

Very distinctive with its bright colors, this snake looks a bit like a rattlesnake and even wags its tail when threatened. Rest assured, however, it is completely harmless to humans.

A new project is underway at Appalachian Corridor to better understand this particular species. Indeed, its presence has been poorly documented in Quebec and, recently, an individual was discovered during an ecological characterization in our region. This species is now the subject of a specific project on our territory.

The Eastern Milksnake is considered vulnerable by the provincial government and of special concern in Canada.

If you come across one, we invite you to take a photo and share it on applications such as iNaturalist. Your sighting could make a difference in improving our knowledge of this species' distribution.



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## FREE VIDEOCONFERENCE

HIGHWAY 10 – ECOLOGICAL CONNECTIVITY PLAN : WHY AND HOW?

Monday Dec. 18<sup>th</sup> | Noon to 1pm

### WANT TO HEAR MORE ABOUT THIS PLAN?

Attend this conference to understand what the Highway 10 – Ecological Connectivity Plan actually proposes and why it would be so beneficial for connectivity, wildlife, as well as the safety of the many users of Highway 10.

Experts from Appalachian Corridor, who have been working on this project for the past 10 years, will be on hand to explain what the Plan proposes and why it is so important to take action.

The conference will be given in French.

**Register today!**

[corridorappalachien.ca/conferences](http://corridorappalachien.ca/conferences)



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## WHO IS APPALACHIAN CORRIDOR?

We are a non-governmental organization with charitable status created in 2002, and our territory of action in Northern Green Mountains, a segment of the greater Appalachian region.

**Our mission.** To consolidate and leave in perpetuity a vast corridor of protected natural areas in perpetuity.

**Our Vision.** In response to the climate and ecological crises, to promote global awareness of biodiversity and increase the number of protected areas, setting the benchmark in conservation and ecological land management.

### OUR PROJECTS ARE BASED ON SCIENCE AND HAVE A REAL IMPACT ON NATURE.

Acting as a major conservation organization in Quebec, our team includes some twenty regular employees, as well as the contribution of some fifteen interns and technicians during the summer months. Our unique organizational model promotes support for local conservation organizations, generating a powerful synergy, central to the success of conservation actions in the Green Mountains.

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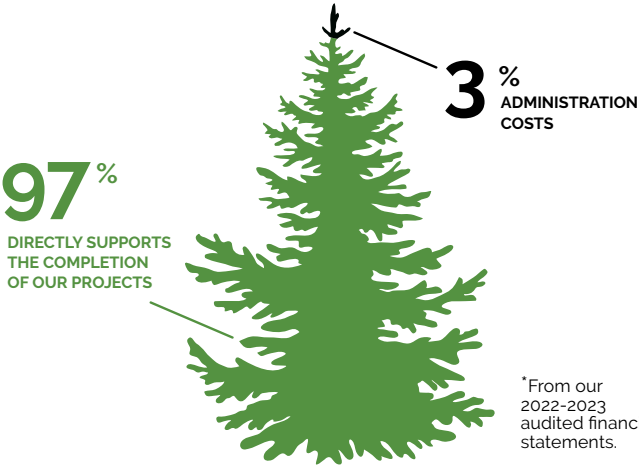


## MAKE YOUR ANNUAL CONTRIBUTION!

Did you know that you can sign up for an automated donation every month? More and more of our donors choose this easy, automatic and predictable option. Follow their example! Every little bit really does make a difference.

Donate online today\* :  
[corridorappalachien.ca/en/make-a-donation](https://corridorappalachien.ca/en/make-a-donation)

\* You will receive a receipt for your full donation at the end of the year. You're free to cancel the automated donation functionality at any time.



\*From our 2022-2023 audited financial statements.

### PROTECTED LAND on Appalachian Corridor's territory

ON PRIVATE LAND

**16,792 ha**  
(41,493 acres)

ON PUBLIC LAND

**11,856 ha**  
(29,297 acres)

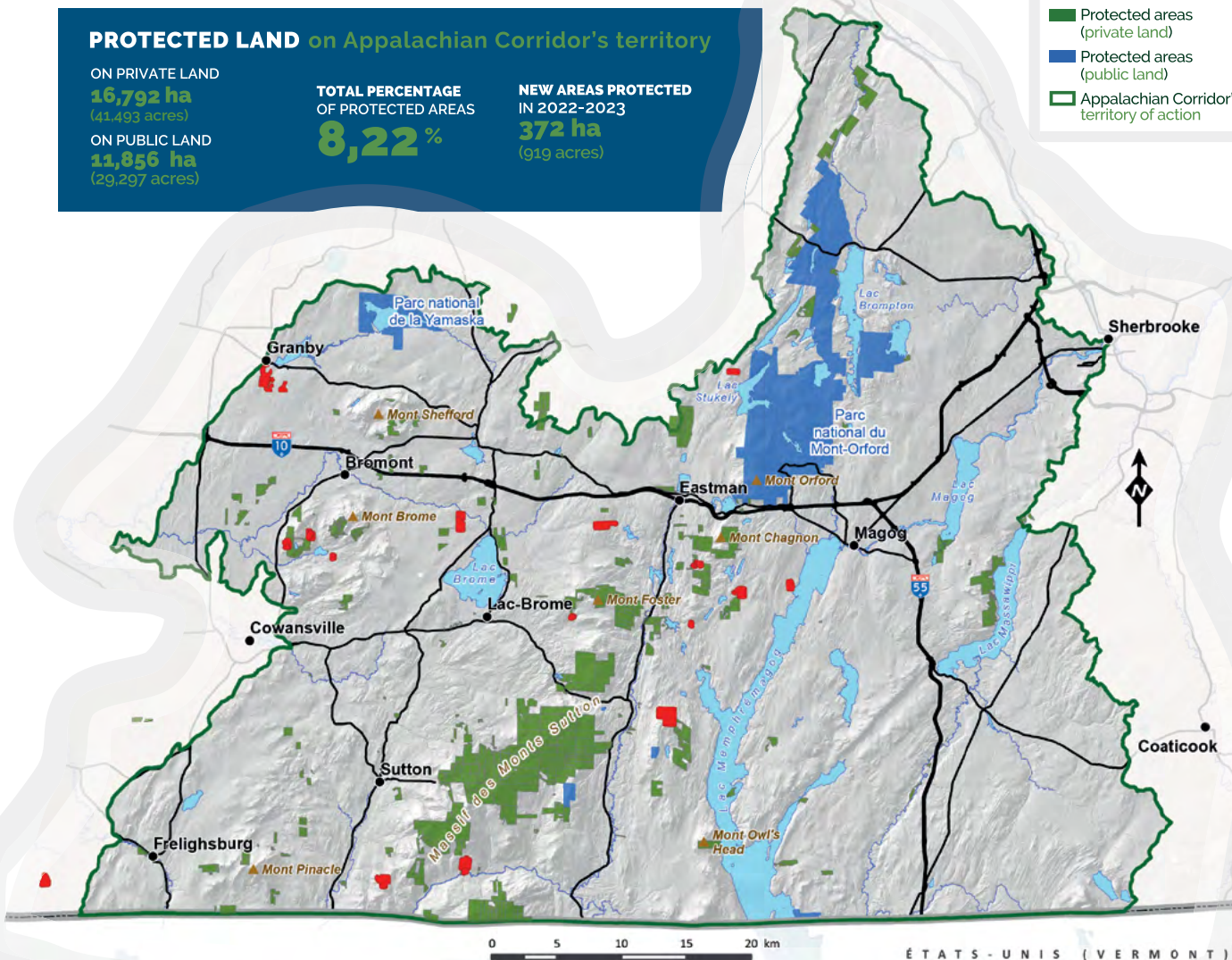
TOTAL PERCENTAGE  
OF PROTECTED AREAS

**8,22 %**

NEW AREAS PROTECTED  
IN 2022-2023

**372 ha**  
(919 acres)

- New areas protected (private land) 2022-2023
- Protected areas (private land)
- Protected areas (public land)
- Appalachian Corridor's territory of action



Ce document comporte de l'information géographique de référence provenant de la Base de données topographiques du Ministère des Ressources naturelles du Québec (NAD 1983 MTM 8)

## THANKS TO OUR FUNDERS AND PARTNERS

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